

Grief in the Workplace Support System

The resource to help employees effectively manage grief

This System:

- Supports managers, co-workers and individuals with **training, skills** and **resources** to successfully manage grief.
- Provides a variety of **proven methods** and **processes**, implemented in an effective and compassionate manner, and facilitated by experts in grief management.
- Changes the “**avoidance approach**” to grief by providing services that strengthen awareness of grief in the workplace and offer guidance on interacting with and/or managing employees during times of grief.
- Provides employees with **guidance** on managing their own response to grief.
- Positively affects an organization's **productivity** and **bottom line** through proactive grief management.
- Enhances **employee morale** and encourages a healthy organizational culture.

The Grief in the Workplace Support System implements a combination of system components based on the needs of your workplace. Details are customized as part of your contract.

Please refer to the enclosed insert sheets for details about Grief in the Workplace Sessions. More information about the unique offerings available through Grief in the Workplace appears on the reverse side of this card.

Visit our website, www.goodgriefcenter.com, and click on “good programs” to view a client list and testimonials about Grief in the Workplace.



Unique Offerings:

The Good Grief Care Package and the **Compassionate Calling Service** are thoughtful alternatives to sympathy floral arrangements and unique ways to support employees beyond the traditional wave of support surrounding a funeral.

The Care Package offers healthy, effective ways to work through grief. It includes a **journal**, **CD** with guided meditation, relaxation techniques and healing music of Bach and Mozart and **Quiet Moment Cards** with inspirational words and suggestions for healing. For convenience, Care Packages may be pre-ordered and then shipped as needed.

Said one Pittsburgh-based HR director about the Care Package, “I finally found what we are all looking for—how to best extend our company’s sympathy.”

Care Packages are ideal to:

- Send to an employee’s home in response to the death of a family member.
- Give to an employee at the anniversary of a loved one’s death or for added support during the difficult holiday months.
- Distribute to employees following a Support Session.
- Give to clients or vendors experiencing grief.

The **Compassionate Calling** service provides a focused and supportive call to a grieving employee from an expert at the Good Grief Center. Calls offer compassion, direction and resources during a difficult time. Calls can be made in the month following a loved one’s death, or can be scheduled in coordination with special dates, anniversaries or holidays.

Please contact us about a customized proposal for your organization.

